



State of Nevada Division of Industrial Relations

Nevada Heat Illness Prevention Regulation

Pacific Coast Safetyfest

March 16, 2026

**Victoria Carreón, Administrator
Division of Industrial Relations**

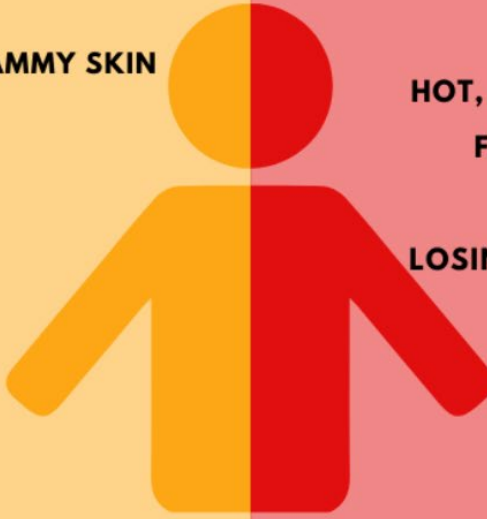
Why have a heat regulation?

Hot, Hot, Hot: Las Vegas Breaks Its Record For Most 100-Degree Days In A Year

Author **Cort Freeman**
September 26th 5:30 AM

LOCAL NEWS
Las Vegas breaks its record for most 100-degree days

HEAT EXHAUSTION	HEAT STROKE
<ul style="list-style-type: none">HEAVY SWEATINGCOLD, PALE, OR CLAMMY SKINFAST, WEAK PULSEMUSCLE CRAMPSTIREDNESSFAINTINGNAUSEAHEADACHEDIZZINESS	<ul style="list-style-type: none">HIGH BODY TEMPHOT, DRY, OR DAMP SKINFAST, STRONG PULSECONFUSIONLOSING CONSCIOUSNESSNAUSEAHEADACHEDIZZINESS



COOL DOWN. LOOSEN CLOTHES. SIP WATER. ← **WHAT TO DO** → CALL 911. COOL DOWN. DON'T DRINK ANYTHING.

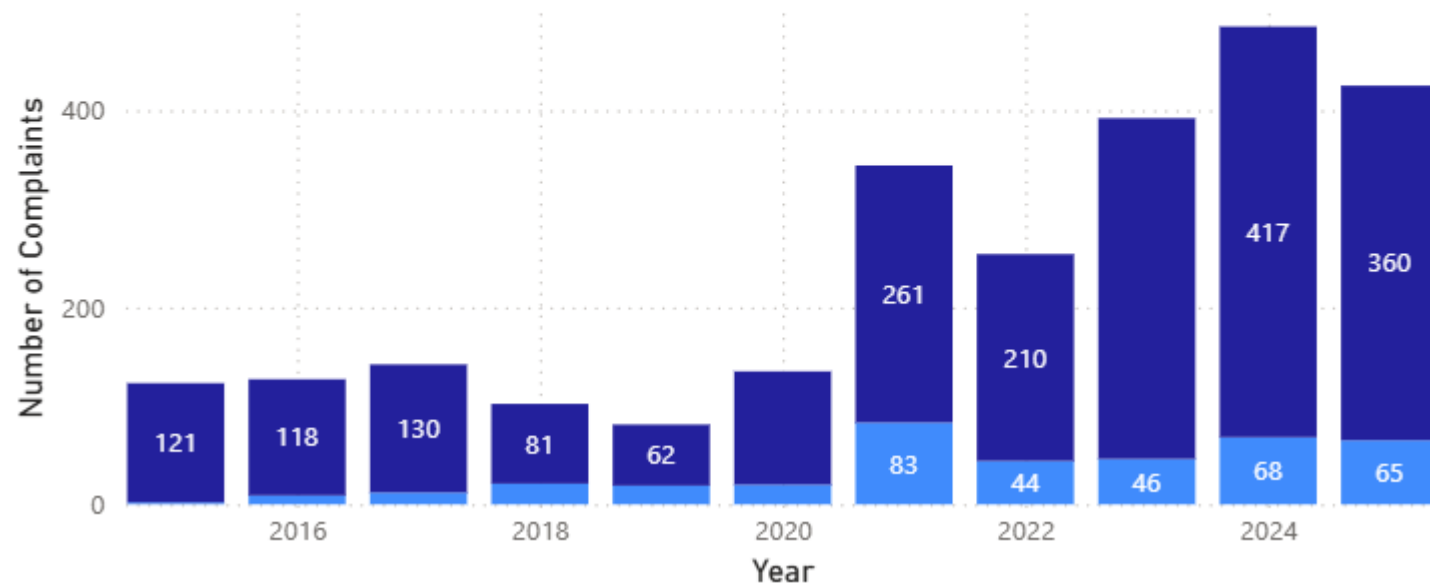
Heat Complaints to Nevada OSHA

Nevada OSHA Heat Complaints Dashboard- Data Through 11/30/2025

Select a date range to see a custom set of dates.

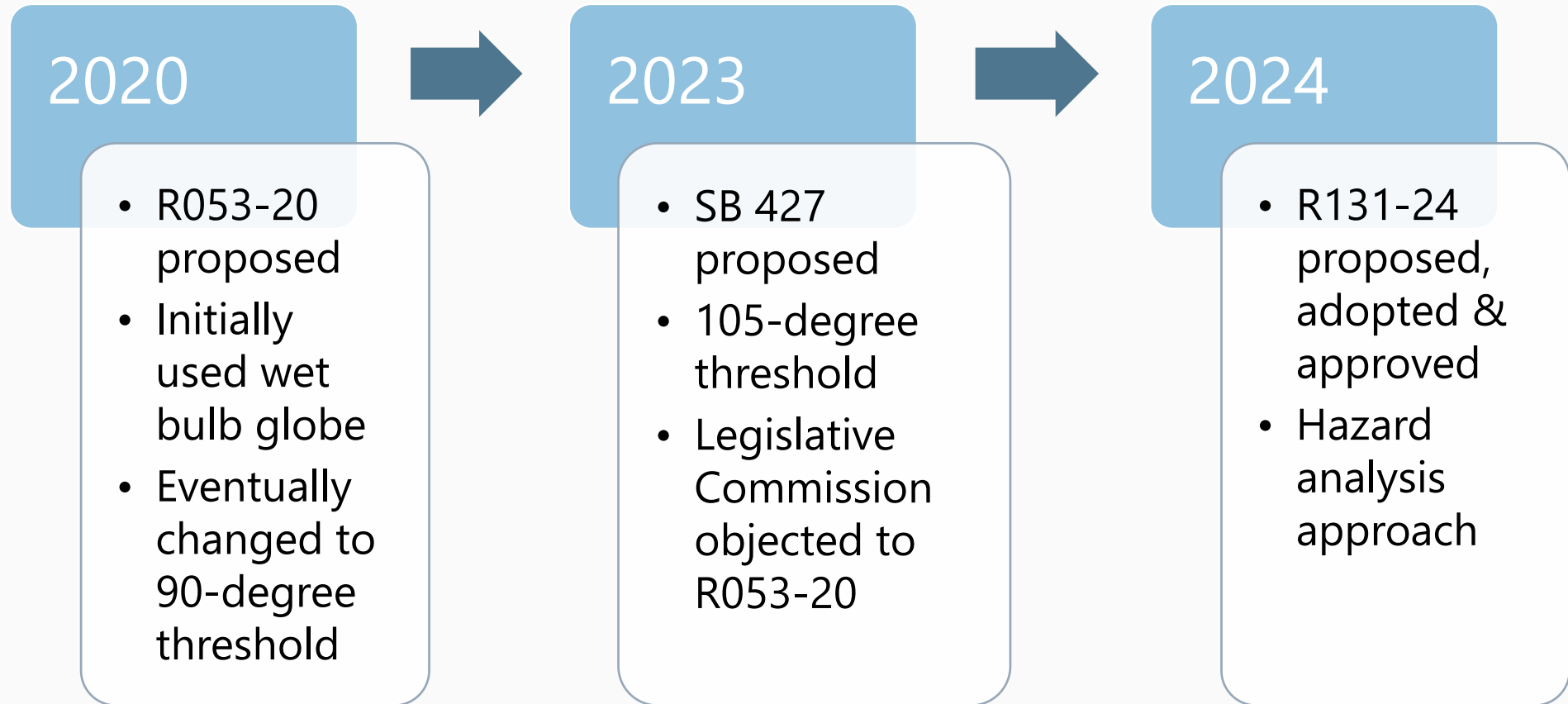
Number of Complaints by Year and Area

Area ● North ● South



[See Nevada OSHA Heat Dashboard](#)

Development of the heat regulation



Principles for Regulation Development

Ensure Broad Stakeholder Involvement

- Numerous stakeholder meetings hosted by DIR
- Industry stakeholder meetings

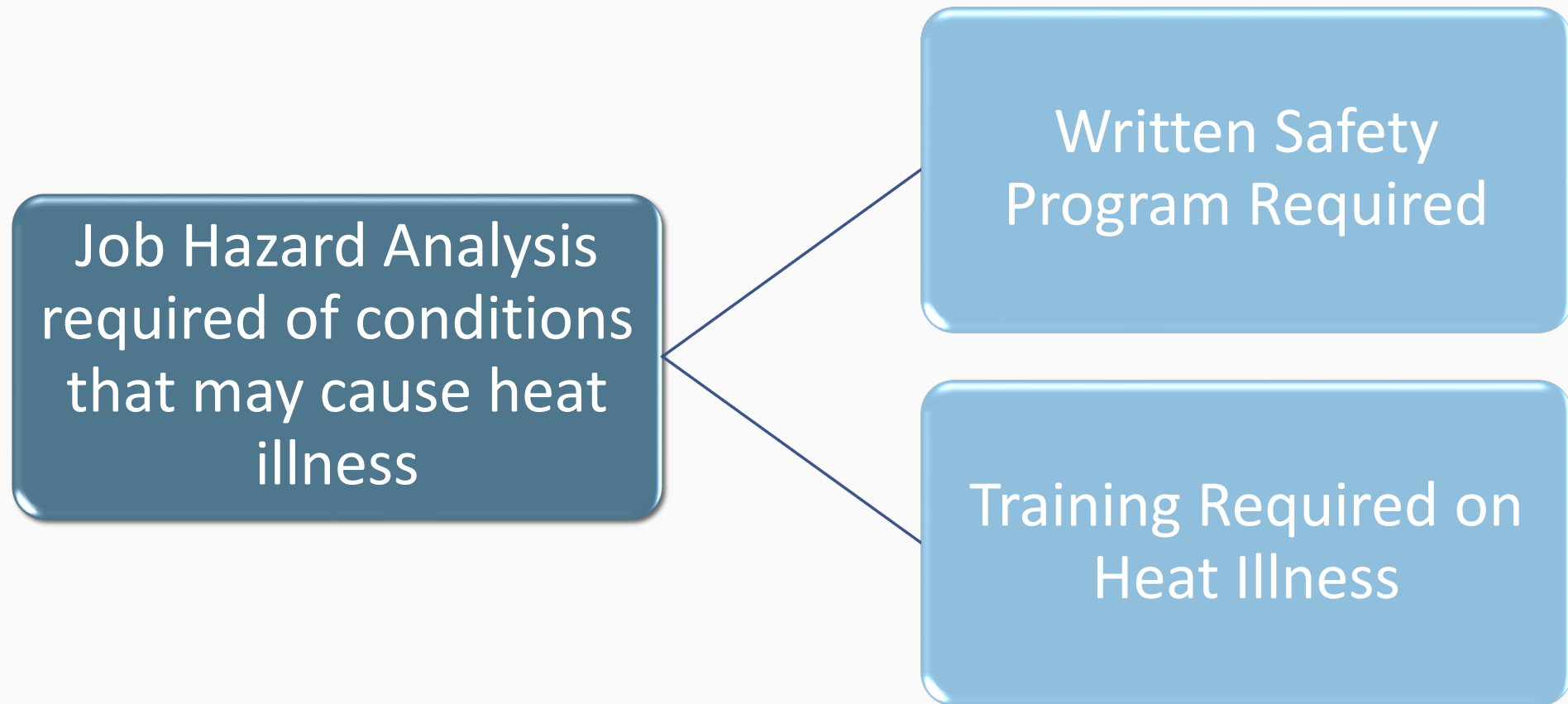
Provide flexibility and adaptability

- Recognize that one size does not fit all
- Requirements need to be flexible to meet different situations and industry needs

Provide support for implementation

- Guidance document: [Guidance for Regulation R131-24AP: Heat Illness Prevention](#)
- Consultation assistance from Safety Consultation and Training Section (SCATS)
- SCATS training classes began in March 2025

Nevada Approved Heat Regulation R131-24



Job Hazard Analysis

What must be included

- List of job classifications where the majority of employees have occupational exposure to heat illness for 30 minutes of any 60-minute period, not including breaks
- List of tasks where occupational exposure to heat illness may occur

Guidance in [OSHA Publication 3071](#)

- Identification of working conditions that may cause occupational exposure to heat illness; and
- Identification of measures to mitigate or eliminate the heat illness hazard if identified.

Job Hazard Analysis



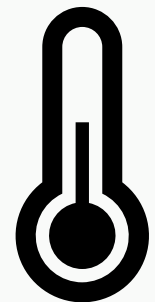
Determining occupational exposure to heat illness

Definition of Occupational Exposure to Heat Illness

- See Section 4 of [R131-24](#)

Any working condition that creates the reasonable likelihood that heat illness could occur, including:

- Air temperature;
- Relative humidity;
- Radiant heat from the sun or other sources;
- Conductive heat from the ground or other sources;
- The movement of air;
- The severity and duration of workloads; and
- Protective clothing and personal protective equipment worn by an employee.



Written Safety Program Requirements

Must be included in Written Safety Program required by NRS 618.383

Program must include:

- Provision of potable water
- Provision of rest breaks when an employee exhibits signs or symptoms of heat illness
- Provision of means of cooling
- Monitoring by a person designated by the employer of working conditions that could create occupational exposure to heat illness
- Identification and mitigation of work processes which may generate additional heat or humidity
- Training
- Procedures for responding to an emergency

Other Requirements

Training Must Include

- How to recognize the hazards of heat illness
- Procedures to be followed to minimize the hazards of heat illness

Emergency Medical Procedures

- Employers must designate an individual to monitor employees & contact emergency services if an employee is experiencing signs of heat illness

Exemption for Climate Controlled Environments

- If climate control system becomes nonfunctional or ineffective, employer must make good faith effort to establish an effective climate control system as soon as practicable
- Until the climate control system is rendered effective, the employer must implement measures to address the hazard

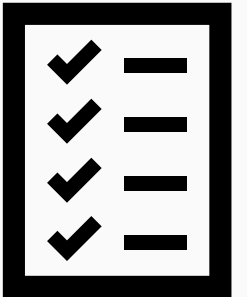
Enforcement

When do inspections occur?

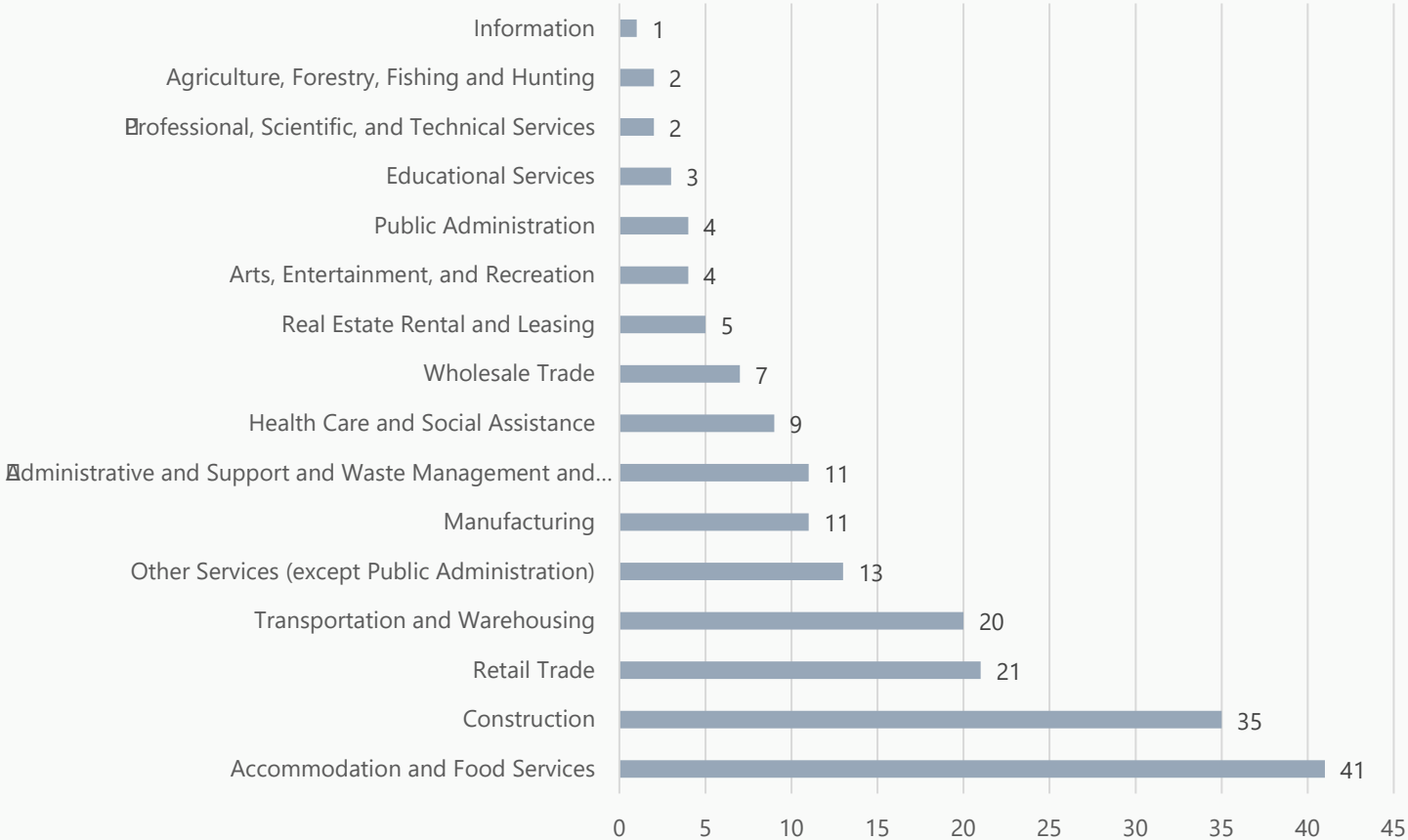
- Unprogrammed inspections
- Programmed Inspections
- Heat National Emphasis Program- Heat priority days at 90 degrees

Compliance Checklist

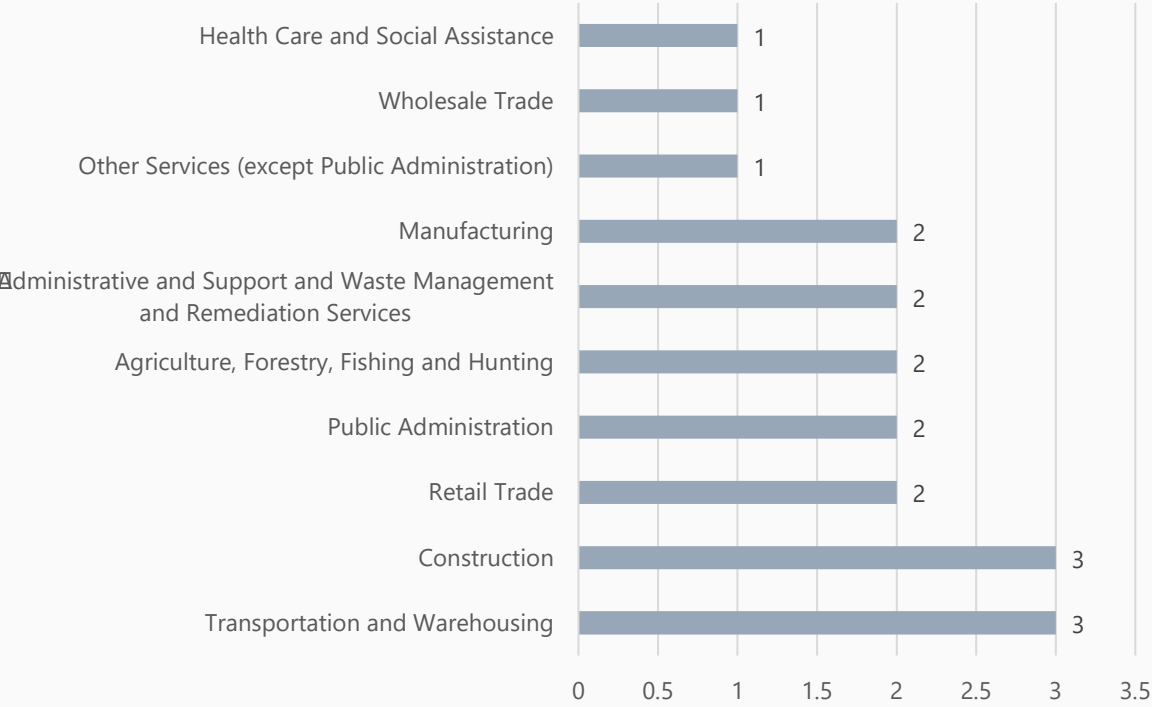
- CSHOs use a checklist to ensure all required elements have been included



Heat Inspections in 2025 (through Nov 30, 2025): 189



Heat Citations as of November 30, 2025: 19



Total Citations: 19
Under Contest: 4





Technical Assistance

- Answer questions on the regulation

Consultation

- Review your job hazard analysis
- Review your heat illness plan
- Onsite visit

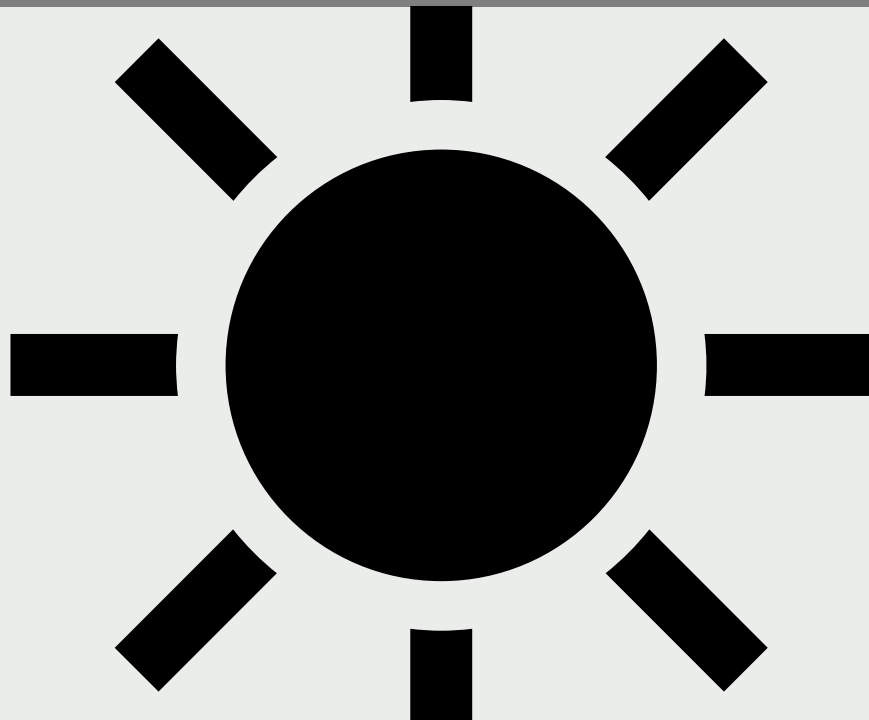
Training

- Free classes launched in March 2025
- Free onsite training available

Call 877-472-3368

<https://www.4safenv.state.nv.us/contact/>

Questions?



Contact Information:
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Contact SCATS
877-472-3368

<https://www.4safenv.state.nv.us/contact/>